

# PIP Points Breakdown Sheet

This sheet gives a simple breakdown of the PIP points system for both Daily Living and Mobility components. Use it to help track your scores and understand where you might qualify for support.

## Daily Living Activities

1. Preparing food - Score: \_\_\_\_\_
2. Eating and drinking - Score: \_\_\_\_\_
3. Managing treatment - Score: \_\_\_\_\_
4. Washing and bathing - Score: \_\_\_\_\_
5. Managing toilet needs - Score: \_\_\_\_\_
6. Dressing and undressing - Score: \_\_\_\_\_
7. Communicating verbally - Score: \_\_\_\_\_
8. Reading and understanding signs - Score: \_\_\_\_\_
9. Engaging with others - Score: \_\_\_\_\_
10. Making budgeting decisions - Score: \_\_\_\_\_

## Mobility Activities

1. Planning and following journeys - Score: \_\_\_\_\_
2. Moving around - Score: \_\_\_\_\_

### Scoring:

- 8 to 11 points = Standard rate

- 12 points or more = Enhanced rate

*Note: This sheet is for reference only. Decisions are based on your PIP2 form, assessment, and supporting evidence.*